

Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
ELEM BF, D4 - ServingDate: 09/03/2024																			
Cereal Bar, Lucky Charms Cereal Bar, 2.5oz, General Mills, 16853000, 2 WGR - SR110504 (1 Bar)	1,000	280.00	6.00	0.50	0.00	0.00	170.00	51.00	5.00	16.00	15.00	5.00	2.40	420.00	(M)	(M)	0.50	110.00	(M)
Juice, Grape, SunCup, 4.23 oz. Box - LR100217 (1 serv.)	1,000	80.00	0.00	0.00	0.00	0.00	0.00	20.00	0.00	19.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange, Clementine - LR100158 (1 piece)	600	35.00	0.10	0.00	0.00	0.00	1.00	8.90	1.30	6.80	(M)	0.60	0.18	20.00	0.00	36.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
ELEM BF, D8 - ServingDate: 09/04/2024																			
Strudel, Apple Frudel K-12 Hot Breakfast, Pillsbury, General Mills, 127852000, WGR - SR100158 (1 frudel)	1,000	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.50	0.00	0.00(M)	0.00(M)	0.00	109.98	(M)
Juice, Orange Tangerine, SunCup, 4.23 oz. Box - LR100216 (1 serv.)	1,000	60.00	0.00	0.00	0.00	0.00	10.00	15.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Raisins, California Seedless Raisins, 1.5 oz, Sun Valley, Fruit - SR109809 (1 pkg.)	600	130.00	0.00	0.00	0.00	0.00	0.00	34.00	2.00	25.00	(M)	1.00	0.72	20.00	0.00	1.20	(M)	320.00	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
ELEM BF, D9 - ServingDate: 09/05/2024																			
Bread, Pumpkin Ultra Slice, Super Bakery 6075, WGR - SR107773 (1 slice)	1,000	260.00	8.00	1.50	0.00	0.00	240.00	44.00	2.00	24.00	23.00	5.00	1.00	114.00	0.00(M)	0.00(M)	0.00	105.00	(M)
Juice, Grape, SunCup, 4.23 oz. Box - LR100217 (1 serv.)	1,000	80.00	0.00	0.00	0.00	0.00	0.00	20.00	0.00	19.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange, Clementine - LR100158 (1 piece)	600	35.00	0.10	0.00	0.00	0.00	1.00	8.90	1.30	6.80	(M)	0.60	0.18	20.00	0.00	36.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)

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Item Name (Serving Size)	Ash (g)
ELEM BF, D4 - ServingDate: 09/03/2024	
Cereal Bar, Lucky Charms Cereal Bar, 2.5oz, General Mills, 16853000, 2 WGR - SR110504 (1 Bar)	(M)
Juice, Grape, SunCup, 4.23 oz. Box - LR100217 (1 serv.)	(M)
Orange, Clementine - LR100158 (1 piece)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
ELEM BF, D8 - ServingDate: 09/04/2024	
Strudel, Apple Frudel K-12 Hot Breakfast, Pillsbury, General Mills, 127852000, WGR - SR100158 (1 frudel)	(M)
Juice, Orange Tangerine, SunCup, 4.23 oz. Box - LR100216 (1 serv.)	(M)
Raisins, California Seedless Raisins, 1.5 oz, Sun Valley, Fruit - SR109809 (1 pkg.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
ELEM BF, D9 - ServingDate: 09/05/2024	
Bread, Pumpkin Ultra Slice, Super Bakery 6075, WGR - SR107773 (1 slice)	(M)
Juice, Grape, SunCup, 4.23 oz. Box - LR100217 (1 serv.)	(M)
Orange, Clementine - LR100158 (1 piece)	(M)
Milk Selection - LR100044 (8 oz.)	(M)

Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
ELEM BF, D10 - ServingDate: 09/06/2024																			
Toaster Pastries, Pop-Tarts Frosted Brown Sugar Cinnamon, Kellogg's, 55125, WGR - SR107120 (1 pkg.)	1,000	340.00	6.00	2.00	0.00	0.00	380.00	73.00	5.00	30.00	30.00	5.00	4.20	300.00	0.00(M)	0.00(M)	0.00	130.19	(M)
Bananas, raw - SR105089 (1 medium (7"))	600	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	(M)	1.29	0.31	5.90	75.52	10.27	0.00	422.44	88.39
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
ELEM BF, D1B - ServingDate: 09/09/2024																			
Muffin, Banana & String Cheese, WG, MMA - LR100215 (1 serv.)	1,000	270.00	12.00	6.00	0.00	60.00	330.00	32.00	2.00	18.00	15.00	9.00	0.90	228.00	0.00(M)	0.00(M)	0.10	175.00	(M)
Craisins, Sweetened Dried Cranberries, Cherry Flavor, 1.16 oz, Ocean Spray 23444, F - SR107766 (1 Pouch)	1,000	110.00	0.00	0.00	0.00	0.00(M)	0.00	27.00	2.00	24.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
ELEM BF, D2 - ServingDate: 09/10/2024																			
Waffle, Belgian Liege Waffle ENVY - ER1584 (1 waffle)	1,000	240.00	9.00	2.50	0.00	20.00	200.00	37.00	2.00	16.00	(M)	4.00	0.00	0.00	(M)	(M)	0.00	97.00	(M)
Whole, Fresh Apple - SR107602 (1 medium (3))	600	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Juice, Fruit Punch, SunCup, 4.23 oz. Box - LR100213 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)

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Item Name (Serving Size)	Ash (g)
ELEM BF, D10 - ServingDate: 09/06/2024	
Toaster Pastries, Pop-Tarts Frosted Brown Sugar Cinnamon, Kellogg's, 55125, WGR - SR107120 (1 pkg.)	(M)
Bananas, raw - SR105089 (1 medium (7"))	0.97
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
ELEM BF, D1B - ServingDate: 09/09/2024	
Muffin, Banana & String Cheese, WG, MMA - LR100215 (1 serv.)	(M)
Craisins, Sweetened Dried Cranberries, Cherry Flavor, 1.16 oz, Ocean Spray 23444, F - SR107766 (1 Pouch)	(M)
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
ELEM BF, D2 - ServingDate: 09/10/2024	
Waffle, Belgian Liege Waffle ENVY - ER1584 (1 waffle)	(M)
Whole, Fresh Apple - SR107602 (1 medium (3)	(M)
Juice, Fruit Punch, SunCup, 4.23 oz. Box - LR100213 (1 ea.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
ELEM BF, D3A - ServingDate: 09/11/2024																			
Bagels, Pillsbury Pull-Apart Soft Mini Bagels Filled with Cinnamon Neufchatel Cheese, General Mills, 18000-38399 - SR107776 (1 pkg.)	1,000	230.00	6.00	2.00	0.00	10.00	190.00	42.00	2.00	13.00	12.00	6.00	1.60	30.00	0.00(M)	0.00(M)	0.00	140.00	(M)
Juice, Orange Tangerine, SunCup, 4.23 oz. Box - LR100216 (1 serv.)	1,000	60.00	0.00	0.00	0.00	0.00	10.00	15.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Raisins, California Seedless Raisins, 1.5 oz, Sun Valley, Fruit - SR109809 (1 pkg.)	600	130.00	0.00	0.00	0.00	0.00	0.00	34.00	2.00	25.00	(M)	1.00	0.72	20.00	0.00	1.20	(M)	320.00	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
ELEM BF, D4A - ServingDate: 09/12/2024																			
Cereal Bar, Cinnamon Toast Crunch, 2.5oz, General Mills, 16854000, 2 WGR - SR110503 (1 Bar)	1,000	260.00	5.00	0.50	0.00	0.00	200.00	52.00	5.00	15.00	14.00	4.00	2.70	390.00	(M)	(M)	(M)	120.00	(M)
Juice, Grape, SunCup, 4.23 oz. Box - LR100217 (1 serv.)	1,000	80.00	0.00	0.00	0.00	0.00	0.00	20.00	0.00	19.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange, Clementine - LR100158 (1 piece)	600	35.00	0.10	0.00	0.00	0.00	1.00	8.90	1.30	6.80	(M)	0.60	0.18	20.00	0.00	36.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
ELEM BF, D5-A - ServingDate: 09/13/2024																			
Mini Donuts, Goodyman, Whole Grain Chocolate Enrobed, Super Bakery, 7786, WG - SR108457 (1 pkg.)	500	320.00	16.00	9.00	0.00	0.00	310.00	42.00	3.00	19.00	18.00	5.00	2.00	31.00	0.00(M)	0.00(M)	0.00	197.00	(M)
Mini Donuts, Goodyman, Whole Grain Powdered Sugar, Super Bakery, 7787, WG - SR108458 (1 pkg.)	500	270.00	11.00	4.50	0.00	0.00	290.00	41.00	2.00	19.00	19.00	4.00	1.00	27.00	0.00(M)	0.00(M)	0.00	111.00	(M)

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Item Name (Serving Size)	Ash (g)
ELEM BF, D3A - ServingDate: 09/11/2024	
Bagels, Pillsbury Pull-Apart Soft Mini Bagels Filled with Cinnamon Neufchatel Cheese, General Mills, 18000-38399 - SR107776 (1 pkg.)	(M)
Juice, Orange Tangerine, SunCup, 4.23 oz. Box - LR100216 (1 serv.)	(M)
Raisins, California Seedless Raisins, 1.5 oz, Sun Valley, Fruit - SR109809 (1 pkg.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
ELEM BF, D4A - ServingDate: 09/12/2024	
Cereal Bar, Cinnamon Toast Crunch, 2.5oz, General Mills, 16854000, 2 WGR - SR110503 (1 Bar)	(M)
Juice, Grape, SunCup, 4.23 oz. Box - LR100217 (1 serv.)	(M)
Orange, Clementine - LR100158 (1 piece)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
ELEM BF, D5-A - ServingDate: 09/13/2024	
Mini Donuts, Goodyman, Whole Grain Chocolate Enrobed, Super Bakery, 7786, WG - SR108457 (1 pkg.)	(M)
Mini Donuts, Goodyman, Whole Grain Powdered Sugar, Super Bakery, 7787, WG - SR108458 (1 pkg.)	(M)

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ELEM BF, D5-A - ServingDate: 09/13/2024																			
Bananas, raw - SR105089 (1 medium (7"))	600	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	(M)	1.29	0.31	5.90	75.52	10.27	0.00	422.44	88.39
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
ELEM BF, D1A - ServingDate: 09/16/2024																			
Muffin, Choc. Choc. Chip & String Cheese, WG, MMA - LR100214 (1 serv.)	1,000	270.00	12.00	6.00	0.00	55.00	330.00	35.00	2.00	18.00	17.00	9.00	1.50	238.00	0.00(M)	0.00(M)	0.00	195.00	(M)
Craisins, Sweetened Dried Cranberries, Watermelon Flavor, 1.16 oz Ocean Spray - SR109422 (1 Pouch)	600	110.00	0.00	0.00	0.00	0.00(M)	0.00	27.00	2.00	24.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
ELEM BF, D7A - ServingDate: 09/17/2024																			
Mini Pancakes, Eggo Bites Mini Pancakes Maple, 1 Pouch, Kellogg's, 38000-92562, WGR - SR106101 (1 Pouch)	1,000	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	10.00	4.00	3.60	60.00	0.00(M)	0.00(M)	0.00	140.06	(M)
Whole, Fresh Apple - SR107602 (1 medium (3))	600	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)
Juice, Fruit Punch, SunCup, 4.23 oz. Box - LR100213 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)

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ELEM BF, D5-A - ServingDate: 09/13/2024	
Bananas, raw - SR105089 (1 medium (7"))	0.97
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
ELEM BF, D1A - ServingDate: 09/16/2024	
Muffin, Choc. Choc. Chip & String Cheese, WG, MMA - LR100214 (1 serv.)	(M)
Craisins, Sweetened Dried Cranberries, Watermelon Flavor, 1.16 oz Ocean Spray - SR109422 (1 Pouch)	(M)
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
ELEM BF, D7A - ServingDate: 09/17/2024	
Mini Pancakes, Eggo Bites Mini Pancakes Maple, 1 Pouch, Kellogg's, 38000- 92562, WGR - SR106101 (1 Pouch)	(M)
Whole, Fresh Apple - SR107602 (1 medium (3)	(M)
Juice, Fruit Punch, SunCup, 4.23 oz. Box - LR100213 (1 ea.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)

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ELEM BF, D8A - ServingDate: 09/18/2024																			
Strudel, Cherry Frudel K-12 Hot Breakfast, Pillsbury, General Mills, 127851000, WGR - SR102114 (1 frudel)	1,000	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	10.00	4.00	1.50	0.00	0.00(M)	0.00(M)	0.00	110.00	(M)
Juice, Orange Tangerine, SunCup, 4.23 oz. Box - LR100216 (1 serv.)	1,000	60.00	0.00	0.00	0.00	0.00	10.00	15.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Raisins, California Seedless Raisins, 1.5 oz, Sun Valley, Fruit - SR109809 (1 pkg.)	600	130.00	0.00	0.00	0.00	0.00	0.00	34.00	2.00	25.00	(M)	1.00	0.72	20.00	0.00	1.20	(M)	320.00	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
ELEM BF, D9A - ServingDate: 09/19/2024																			
Bread, Super Blueberry Bread Slice, IW, 3.4 oz, Super Bakery, 7503, 2WGR - SR110532 (1 slice)	1,000	270.00	8.00	1.50	0.00	0.00	250.00	45.00	2.00	24.00	23.00	5.00	1.00	46.00	0.00	0.00	0.00	173.00	(M)
Juice, Grape, SunCup, 4.23 oz. Box - LR100217 (1 serv.)	1,000	80.00	0.00	0.00	0.00	0.00	0.00	20.00	0.00	19.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange, Clementine - LR100158 (1 piece)	600	35.00	0.10	0.00	0.00	0.00	1.00	8.90	1.30	6.80	(M)	0.60	0.18	20.00	0.00	36.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
ELEM BF, D10A - ServingDate: 09/20/2024																			
Toaster Pastries, Pop-Tarts Whole Grain Frosted Strawberry, Kellogg's, 55133, WGR - ER1018 (1 pkg.)	1,000	360.00	4.50	2.00	0.00	0.00	360.00	75.00	6.00	30.00	(M)	4.00	3.60	200.00	1000.00	0.00	(M)	(M)	(M)
Bananas, raw - SR105089 (1 medium (7"))	600	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	(M)	1.29	0.31	5.90	75.52	10.27	0.00	422.44	88.39
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)

Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Ash (g)
ELEM BF, D8A - ServingDate: 09/18/2024	
Strudel, Cherry Frudel K-12 Hot Breakfast, Pillsbury, General Mills, 127851000, WGR - SR102114 (1 frudel)	(M)
Juice, Orange Tangerine, SunCup, 4.23 oz. Box - LR100216 (1 serv.)	(M)
Raisins, California Seedless Raisins, 1.5 oz, Sun Valley, Fruit - SR109809 (1 pkg.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
ELEM BF, D9A - ServingDate: 09/19/2024	
Bread, Super Blueberry Bread Slice, IW, 3.4 oz, Super Bakery, 7503, 2WGR - SR110532 (1 slice)	(M)
Juice, Grape, SunCup, 4.23 oz. Box - LR100217 (1 serv.)	(M)
Orange, Clementine - LR100158 (1 piece)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
ELEM BF, D10A - ServingDate: 09/20/2024	
Toaster Pastries, Pop- Tarts Whole Grain Frosted Strawberry, Kellogg's, 55133, WGR - ER1018 (1 pkg.)	(M)
Bananas, raw - SR105089 (1 medium (7"))	0.97
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)

Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
ELEM BF, D1 - ServingDate: 09/23/2024																				
Muffin, Blueberry & String Cheese, WG, MMA - LR100210 (2 oz.)	1,000	180.11	8.00	4.00	0.00	33.35	220.13	21.35	1.33	11.34	10.67	6.00	0.60	152.09	0.00(M)	0.00(M)	0.00	96.72	(M)	
Craisins, Sweetened Dried Cranberries, Strawberry Flavor, Ocean Spray 23445, F - SR107765 (1 Pouch)	600	110.00	0.00	0.00	0.00(M)	(M)	0.00	27.00	2.00	24.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)	
ELEM BF, D2 - ServingDate: 09/24/2024																				
Waffle, Belgian Liege Waffle ENVY - ER1584 (1 waffle)	1,000	240.00	9.00	2.50	0.00	20.00	200.00	37.00	2.00	16.00	(M)	4.00	0.00	0.00	(M)	(M)	0.00	97.00	(M)	
Whole, Fresh Apple - SR107602 (1 medium (3))	600	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	(M)	(M)	0.47	0.22	10.99	98.01	8.41	(M)	(M)	(M)	
Juice, Fruit Punch, SunCup, 4.23 oz. Box - LR100213 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	0.00	15.00	0.00	15.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)	
ELEM BF, D3 - ServingDate: 09/25/2024																				
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - ER1020 (1 pkg.)	1,000	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	5.00	1.70	30.00	0.00	0.00	(M)	130.00	(M)	
Juice, Orange Tangerine, SunCup, 4.23 oz. Box - LR100216 (1 serv.)	1,000	60.00	0.00	0.00	0.00	0.00	10.00	15.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Raisins, California Seedless Raisins, 1.5 oz, Sun Valley, Fruit - SR109809 (1 pkg.)	600	130.00	0.00	0.00	0.00	0.00	0.00	34.00	2.00	25.00	(M)	1.00	0.72	20.00	0.00	1.20	(M)	320.00	(M)	
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)	

Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL
 Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Ash (g)
ELEM BF, D1 - ServingDate: 09/23/2024	
Muffin, Blueberry & String Cheese, WG, MMA - LR100210 (2 oz.)	(M)
Craisins, Sweetened Dried Cranberries, Strawberry Flavor, Ocean Spray 23445, F - SR107765 (1 Pouch)	(M)
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
ELEM BF, D2 - ServingDate: 09/24/2024	
Waffle, Belgian Liege Waffle ENVY - ER1584 (1 waffle)	(M)
Whole, Fresh Apple - SR107602 (1 medium (3)	(M)
Juice, Fruit Punch, SunCup, 4.23 oz. Box - LR100213 (1 ea.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
ELEM BF, D3 - ServingDate: 09/25/2024	
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - ER1020 (1 pkg.)	(M)
Juice, Orange Tangerine, SunCup, 4.23 oz. Box - LR100216 (1 serv.)	(M)
Raisins, California Seedless Raisins, 1.5 oz, Sun Valley, Fruit - SR109809 (1 pkg.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)

Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL
Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
ELEM BF, D4 - ServingDate: 09/26/2024																			
Cereal Bar, Lucky Charms Cereal Bar, 2.5oz, General Mills, 16853000, 2 WGR - SR110504 (1 Bar)	1,000	280.00	6.00	0.50	0.00	0.00	170.00	51.00	5.00	16.00	15.00	5.00	2.40	420.00	(M)	(M)	0.50	110.00	(M)
Juice, Grape, SunCup, 4.23 oz. Box - LR100217 (1 serv.)	1,000	80.00	0.00	0.00	0.00	0.00	0.00	20.00	0.00	19.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange, Clementine - LR100158 (1 piece)	600	35.00	0.10	0.00	0.00	0.00	1.00	8.90	1.30	6.80	(M)	0.60	0.18	20.00	0.00	36.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
ELEM BF, D5 - ServingDate: 09/27/2024																			
Mini Breakfast Bites, WG, Apple - LR100201 (1 pkg.)	1,000	269.87	9.99	4.50	0.00	0.00	159.92	40.98	3.00	19.99	13.99	4.00	1.50	39.98	(M)	(M)	0.00	9.87	(M)
Bananas, raw - SR105089 (1 medium (7"))	600	105.02	0.39	0.13	0.00	0.00	1.18	26.95	3.07	14.43	(M)	1.29	0.31	5.90	75.52	10.27	0.00	422.44	88.39
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)
ELEM BF, D1A - ServingDate: 09/30/2024																			
Muffin, Choc. Choc. Chip & String Cheese, WG, MMA - LR100214 (1 serv.)	1,000	270.00	12.00	6.00	0.00	55.00	330.00	35.00	2.00	18.00	17.00	9.00	1.50	238.00	0.00(M)	0.00(M)	0.00	195.00	(M)
Craisins, Sweetened Dried Cranberries, Watermelon Flavor, 1.16 oz Ocean Spray - SR109422 (1 Pouch)	600	110.00	0.00	0.00	0.00	0.00(M)	0.00	27.00	2.00	24.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	1,000	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Milk Selection - LR100044 (8 oz.)	1,000	112.50	0.63	0.38	0.00(M)	6.25	121.88 (M)	17.25	0.00	15.75	0.00(M)	8.00	0.00	262.50	906.25	0.60(M)	0.25(M)	47.00 (M)	(M)

Legend

Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL
 Date: 09/01/2024 - 09/30/2024

Item Name (Serving Size)	Ash (g)
ELEM BF, D4 - ServingDate: 09/26/2024	
Cereal Bar, Lucky Charms Cereal Bar, 2.5oz, General Mills, 16853000, 2 WGR - SR110504 (1 Bar)	(M)
Juice, Grape, SunCup, 4.23 oz. Box - LR100217 (1 serv.)	(M)
Orange, Clementine - LR100158 (1 piece)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
ELEM BF, D5 - ServingDate: 09/27/2024	
Mini Breakfast Bites, WG, Apple - LR100201 (1 pkg.)	(M)
Bananas, raw - SR105089 (1 medium (7"))	0.97
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)
ELEM BF, D1A - ServingDate: 09/30/2024	
Muffin, Choc. Choc. Chip & String Cheese, WG, MMA - LR100214 (1 serv.)	(M)
Craisins, Sweetened Dried Cranberries, Watermelon Flavor, 1.16 oz Ocean Spray - SR109422 (1 Pouch)	(M)
Juice, Apple, SunCup, 4.23 oz. Box - LR100211 (1 ea.)	(M)
Milk Selection - LR100044 (8 oz.)	(M)

Menu Calendar Nutrient Analysis Report - September, 2024

Site: ALL
Date: 09/01/2024 - 09/30/2024

(M) - Missing Nutrient Values

Report Selections

Meal Type: Breakfast
Site Group: Elementary
Menu Line: Regular
Serving Group: K-5
Nutrients Option: All
Peanuts, Pistachios, Cashews